



Dallas Life Council

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Spotlighter

JUNE, 2021

President's Message

Hello Everyone! We actually had our first volunteer opportunity of the year at the Children's Cancer Fund (CCF) located in Farmer's Branch back in April. The CCF is one of the charities our Council helps sponsor. This year, we budgeted \$200 for the purchase of assorted stuffed animals, coloring books, crayons, Play-Doh, puzzles, bottled water and cards that included jokes, riddles etc., as well as the CCF and Pioneer logos. Seven volunteers met at the CCF and filled up gift boxes for children diagnosed with cancer.



L-R, Warren Bassham, Loretta Cherry, Mary Lou Adcock, Judy McCallum-Lee, Bob Carroll, Kay Carroll, Dottie Alder, & CCF Representative, Jennifer.

Another group of volunteers that call themselves **Sewing In Love for the Kingdom (SILK)**, meet at the White Rock campus of Lakepointe Church in Dallas. **Lavern Odom**, a member of the Dallas Life Council Pioneers, is a member of SILK



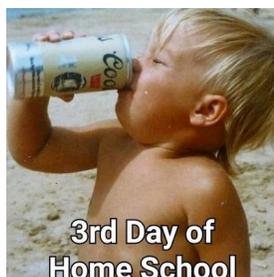
We have reserved space at the Dallas Athletic Club for socials on the following dates:

- *Wednesday, September 1, 2021
- *Wednesday, December 15, 2021

We scheduled socials later in the year to allow more time for the epidemic of Covid to dissipate.

There will be great entertainment, door prizes, a buffet lunch and a great time for socializing with friends. We hope to see you all there! As the dates approach, listen to the Pioneer Hotline, 214-464-8425 for complete details. In the meantime, get vaccinated for Covid and stay safe!

These volunteers, as well as many others not pictured, make an assortment of items...too many to list. However, some of my favorites are; crocheted caps, booties & blankets for premature babies, sleeping mats made out of plastic grocery bags (!) diapers that were carried to Africa by missionaries, as well as washable sanitary pads sent to India. Recently, Iris Memory Care in Rowlett had about 300 packages of new yarn left outside their door by a lady who mistakenly thought Iris was having a "yarn drive." My granddaughter is the Activities Director at Iris and she donated the yarn to the SILK volunteers. Below are photos of two scarves & a baby blanket made so far.



3rd Day of Home School



Just F.Y.I...By:

Judy McCallum-Lee judymccallum@verizon.net



“Middle age is when you’re faced with two temptations, and you choose the one that will get you home at “9 o’clock.”
President Ronald Reagan

The bar menu – with reports of a chicken-wing shortage across the U.S., the National Chicken Council conceded, “Wing supplies are tight” eschewing the word “shortage.”

In 2020 – online sales of pajamas grew 143% from March to April; the online marketplace Etsy sold 53 million face masks from April to September; 270,000 pets were adopted from rescue groups; 40% of consumers tried home-delivery apps or curbside pickup for the first time; vehicles traveled 430 billion fewer miles on U.S. roads.

Cyber Monday, Dec. 2 – Americans spent \$9.4 billion on line, a record for the retail holiday.

An *infodemic* – says the World Health Organization of the deluge of misinformation re Covid19.

Louisiana Blues – for the Louisiana woman who used Gorilla Glue as a hair-spray substitute; it took four hours of surgery to remove the adhesive.

It’s a sport, not a hobby - says a Utah Neurologist who took top honors with his record-setting giant pumpkin of 1,825 pounds at the Giant Pumpkin Growers annual weigh-off.

The bespectacled - a new study speculated that those who wear glasses may be less likely to contact Coronavirus since they are less often rubbing their eyes with contaminated hands.

Helicopter hogs – Arkansas authorities killed nearly 700 feral hogs during a 68-hour operation. Wild swine cost the state millions of dollars in crop damage annually.

Pink Cadillacs? - Americans are wasting \$2 billion a year buying premium gasoline they don’t need according to the American Automobile Association. The “grade gap” in many parts of the country between premium and regular is now 50 – 60 cents per gallon. CNBC.com

He looked like a moving cloud – found roaming the woods in rural Australia. A normal 5 minute shearing job took an hour to shear 78 lbs. of filthy wool off the 143 lb. male merino sheep.

Sunscreen – don’t forget those unprotected parts – eyelids, ears, lips, feet and hair parts and areas of the scalp. Many stores sell sunscreen spray for the scalp that also conditions the hair.

“The world will never realize 100% of its goals if 50% of its people cannot realize their full potential”
Ban Ki-Moon, U.N. Secretary General



Letters to the Editor

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Check out our WEB site at <http://south-region.attpioneers.org/texaspride/>. You will see this newsletter in color. Plus many articles from other Councils in Texas Pride.

Thanks again for the updates...*Gene Mantzke* Received and read the “Spotlighter”. I’ve been retired since ‘87 and hardly saw any names I recognized. Thanks for all your years of work on it. Sending a small help on expenses...*Linda Loven* I very much enjoy receiving the “Spotlighter” and am including a check to help with the mailing expenses. Thank you so much for all you do...*Larry Smegner* Enclosed s a check for the “Spotlighter” expenses. I Enjoy it very much and know everyone works hard at getting it published and mailed...*Kathryn Machesney* Really enjoy receiving the “Spotlighter”, but I recognize fewer people each year. *Ouch*. Please use this small donation for expenses...*Yvonne Rolater*
Also heard from *Joann & Dick Moore*.

Editor: Thank you all for your generous donations. You guys are what it’s all about.
Loretta

TOUCHING UP TOUCH TOWN

Touch Town was built several years ago by a team of Pioneers. At that time the main building housed children who were visually impaired. Touch Town consists of 4 small buildings with windows but no doors. It has sidewalks/streets, a walk-up pay phone and a mailbox. It was sadly in need of extensive repairs. Our Chapter stepped up to the job. Our first workdays showed a lot of improvement but with lots still to do.



I used to eat a lot of natural foods until I learned that most people die of natural causes.

UPCOMING LUNCHEONS

Dallas Athletic Club

September 1, 2021

December 15, 2021

Tentative reservations have been made at DAC. Call the Hotline for current information.

Please make reservations for all luncheons by calling Mary Lou Adcock, 214-212-8701 or email her at mary.lou.adcock@sbcglobal.net



Social Benefits of Composting

by Bob Carroll

Our landfills are filling up; however, almost half of all landfill waste is COMPOSTABLE! We could save a ton of space and time by composting our organic waste, instead of sending it to the landfills. Compost makes the soil nutrient-rich and microbes in compost make those nutrients more bioavailable for plant roots to absorb, eventually sending all those good vibes into our food supply.

Most municipal and private companies sell their compost locally. Locally produced compost is usually of superior quality compared to national brands. Community composting is the largest movement in the composting world. In this movement, compost is returned to the people who generated it and to their local farms and urban gardens. The use of local compost ensures that food grown there is healthier and more efficiently grown. As compost protects against so many of the threats agriculture faces, it ensures a more resilient food system in the short term as well as far into the future.

Composting is part of a whole regenerative system of thought that changes how we interact with our world and how we solve the problems in front of us. Nothing is wasted in nature—everything returns to the soil to nurture new life. Composting mimics nature closing the loop and is an active step to usher in a regenerative way of living.

Caring for your vaccine card:

The card you're given when you're vaccinated isn't the only record that you received the jab. But it's the record you control, and being able to produce it could save you from future inconvenience. Store it where you keep valuable documents, such as passports and Social Security cards. Make copies before putting the card away. If you're traveling, take a copy with you. Laminating a copy is smart, but laminating the original creates the small possibility that updating the record will be more complicated if booster shots become necessary. Know you have backups. If you lose your card after your second shot, first return to your vaccination site to see if the

2021 EXECUTIVE BOARD

Pres.	Mary Lou Adcock	214-212-8701
1st VP	Bob Carroll	214-577-7213
2nd VP	Warren Bassham	972-824-7266
Past Pres.	Judy McCallum-Lee	214-543-4749
Sec.	Bob Carroll	214-577-7213
Treasurer	Loretta Cherry	214-803-9650

Other Executive Board Members

<u>Hotline:</u>	Mary Lou Adcock	214-212-8701
DAC Entertainment: Rojean Cull 214-327-8808		
Education:	Charlie Sorrels	972-530-1492
<u>Special Projects:</u>	Gail Ford	972-564-5317
	Jeanene Clark	817-267-8239
	LuAnn Eakin	469-672-1118
	Pam Myers	214-803-942
	Annie Wartsbaugh	469-658-5799
	David Noblet	214-236-3404
	Whitney Wolf	214-738-997

CHANGE OF ADDRESS OR DEATHS

Call **1-800-416-2363** to report address changes or deaths to the Benefit Group.

Call the Pioneer Hotline at **214-464-8425** to report the death of a Pioneer.

Call **972-741-6962** to report address changes for the **Spotlighter**.

Important Telephone Numbers

Hotline	214-464-8425
AT&T Connect	1-877-722-0020
Pensions & Savings	1-800-416-2363
Long Term Care	1-800-247-3020
Life Insurance	1-877-722-0020
Care Plus	1-877-261-3340
Retiree Discount Information/Contacts:	
Eligibility:	1-888-251-0645
Wireline Voice & U-verse	1-877-377-9010
Wireless	1-800-331-0500
Benefit	1-877-722-0020
Affinity Partners Go to www.attpioneers.org , scroll down & click on Pioneer Affinity Partners	

Caring for your vaccine card (cont'd)

provider can replace it. If that fails, look up your state health department, which will have an electronic record of your immunization that you can access.



Just for Grins



Two elderly guests, Martin and Chris, attended a party given by a business associate to mark his daughter's engagement to a man she had been living with for three years. We were grumbling about the decline in moral standards. "All these people sleeping together before they're married," Martin muttered indignantly. "I didn't sleep with my wife before we were married. Did you?" "I don't know," answered Chris thoughtfully. "What was her maiden name?"

I'm not really grouchy, I just don't like traffic, waiting, crowds, lawyers, loud music, unruly kids, barking dogs, politicians and a few other things I can't seem to remember right now.

Eddie and his wife June are shopping in their local supermarket. The husband picks up a case of Heineken and puts it in their cart. 'What do you think you're doing?' asks June. 'They're on sale, only \$15 for 24 cans' Eddie replies. 'Put them back, we can't afford them' demands the wife, and so they carry on shopping. A few aisles further on along June picks up a \$30 jar of face cream and puts it in the basket. 'What do you think you're doing?' asks Eddie. 'It's my face cream. It makes me look beautiful,' replies the wife. Her husband retorts: 'So does 24 cans of Heineken and it's half the price.' Eddie never knew what hit him. The next thing he heard on the supermarket PA system was: 'Clean up on aisle 19, we have a husband down.'

The airline had a policy that required the first officer to stand at the door while the passengers exited, smile, and give them a - 'Thanks for flying XYZ airline'. An airline pilot on this particular flight hammered his plane into the runway really hard. In light of his bad landing, he had difficulty looking the passengers in the eye, all the time he thought that a passenger would have a smart comment. However, it seemed that all the passengers were too shell shocked to say anything. Finally, everyone had gotten off except for this little old lady walking with a cane. She said, 'Sonny, mind if I ask you a question?' Why no Ma'am,' said the pilot, 'What is it', the little old lady said, 'Did we land or were we shot down?'

The hospital's consulting dietician was giving a lecture to several community nurses from the Southampton area of Hampshire. 'The rubbish we put into our stomachs and consume should have killed most of us sitting here, years ago. Red meat is terrible. Fizzy drinks attack your stomach lining. Chinese food is loaded with msg. Vegetables can be disastrous because of fertilizers and pesticides and none of us realizes the long-term damage being done by the rotten bacteria in our drinking water. However, there is one food that is incredibly dangerous and we all have, or will, eat it at some time in our lives. Now, is anyone here able to tell me what food it is that causes the most grief and suffering for years after eating it?' A 65-year-old nursing sister sitting in the front row stood up and said, 'Wedding cake.'

A Scotsman, an Irishman, and an Englishman are each sentenced to a year in solitary confinement; before being locked away, each is to be granted a year's supply of whatever he wants to help him get through the long, long spell alone. The Scotsman asks for a year's supply of whisky; it's given to him and he's locked away. The Irishman asks for a year's supply of Guinness so he's locked up with several thousand bottles of it. The Englishman asks for a year's supply of cigarettes and he's given a pile of cartons and the cell door is shut on him. **One year later, their doors are all unlocked.** The Scotsman staggers out and shouts, 'I'm free!' and then keels over dead from alcohol poisoning. The Irishman is dragged out into the light, whereupon he promptly dies of liver failure. When the door to the Englishman's cell is opened, everybody watches eagerly to see what sort of a wreck the man has made of himself. To their surprise, he walks right out the door, sidles up to the first person he sees, and asks, 'I say you wouldn't happen to have a match, would you?'

A woman came home to find her retired husband waving a rolled up newspaper round his head. Wife: 'What are you doing dear?' Husband: 'Swatting flies - I got 3 males and 2 females' Wife: 'How on earth do you know which gender they were?' Husband: 'Easy - 3 were on the beer, and the other 2 were on the phone'

I still like to rock, still like to cruise in my Camaro on Saturday nights, and still like to play the guitar. If you were a groovy chick, or are now a groovy hen, let's get together and listen to my eight-track tapes.

FAYE'S FAITH CORNER



By: Faye Spencer
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A group of alumni, highly established in their careers, were talking at a reunion and decided to go visit their old university professor, now retired. During their visit the conversation soon turned into complaints about stress in their work and lives. Offering his guests tea, the professor went to the kitchen and returned with a large pot of tea and an assortment of cups - porcelain, plastic, glass, crystal, some plain looking, some expensive, some exquisite - telling them to help themselves to the tea. When all the alumni had a cup of tea in hand, the professor said: "Notice that all the nice-looking, expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress. Be assured that the cup itself adds no quality to the tea. In most cases it is just more expensive and in some cases even hides what we drink. What all of you really wanted was tea, not the cup; but you consciously went for the best cups.... and then you began eyeing each other's cups. Now consider this: Life is the tea; your job, money and position in society are the cups. They are just tools to hold and contain Life. The type of cup one has does not define, nor change the quality of life a person lives. Sometimes, by concentrating only on the cup, we fail to enjoy the tea. The happiest people don't have the best of everything. They just make the best of everything. Live simply. Love generously. Care deeply. Speak kindly..... And enjoy your tea.

Love, *Faye*

Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.

In Loving Memory

ALDRIDGE, LINDA S	3/2/2021
ANDERSON, CLAYTON H	2/5/2021
BAINES, GERALDINE M	4/12/2021
BUTLER, JOAN P	2/7/2021
BUTLER, ROBERT C	4/20/2021
CARROLL, T C, BOB'S BRO	2/14/2021
CHANDLER-BLAND, ANNIE L	12/19/2021
CHRISMAN, GREGORY	3/15/2021
COLE JR, EDWARD	2/27/2021
COLE, C LEE	2/24/2021
CORTEZ, LLOYD	2/2/2021
COX, C BRADY	2/23/2021
CROSSLAND, GEORGE ANTHONY	3/16/2021
CROXTON, MILA W	11/20/2020
CUELLAR, JOSEPH M	2/20/2021
DIEPSTRA, GEORGE	4/2/2021
EBREY, RICHARD L	1/30/2021
FIELDS, PEGGY J	2/20/2021
GARREN, LEONARD SHEMAN	4/10/2021
GARREN, LEONARD S	4/10/2021
GATHRIGHT, JACK T	2/15/2021
HODGES, ETTA M	4/19/2021
HUGHES, JAMES LARRY	3/1/2021
JACOBS, MICKEY	3/19/2021
JACOBS, DOROTHY L	4/12/2021
JONES DAVIS, LATRICE R	3/8/2021
KING, MARTHA MAE KING	2/2/2021
KLINEFELTER JR, GRAHAM C	1/13/2021
LAWSON, FRANCES RAY BOREN J	1/1/2021
LAXSON, THOMAS L	3/26/2021
LEWIS, MIKE	3/5/2021
LINDLEY, RODNEY	1/1/2021
LITTLETON, BOBBY J	4/11/2021
LOGAN, BETTY J	4/7/2021
LOGAN, E ROGENE	12/18/2020

(Cont'd on Page 7)

Prayer List

Kitty Kemp Jo Crain Steven Eakin

Loving Memory (cont'd)

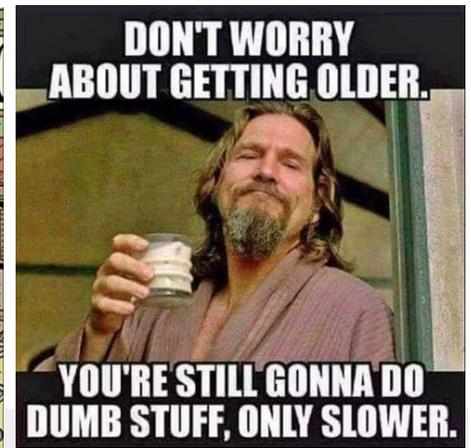
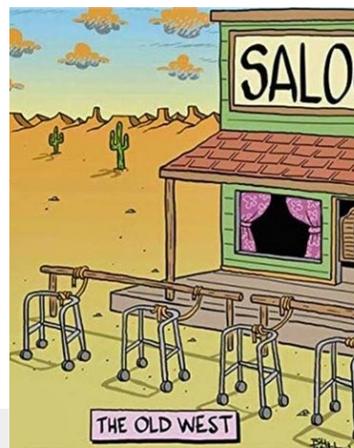
LOWE, LUCINDA A	2/20/2021
MADISON, NIKKI G	4/5/2021
MAUPIN, DONALD R	4/22/2021
MOUNT, RICHARD W	4/18/2021
NASH, HAROLD W	3/7/2021
NORVIL, GAYLE	3/5/2021
PARHAM, EVELYN	4/8/2021
POPE, ANGELA M	2/4/2021
RICHARDSON, DON	2/16/2021
ROHRBACHER, ELMER L	12/26/2020
RUSSELL, VIRGIE L	1/13/2021
SIMPSON, ROBERT L	2/1/2021
SMELSER, GLENDA R	3/2/2021
SMITH, DELORES B	2/17/2021
SMITH, LANELL	8/25/2020
TAYLOR, CAROL S	1/29/2021
VALDEZ, DELFINO	3/12/2021
WIEST, TRACY	3/27/2021
WILLIAMS, VINCENT H	4/19/2021
WINSHIP, DIANA L	3/19/2021
WOFFORD, GLADYS M	2/20/2021
WRIGHT, SUE	3/4/2021
YOUNG, BILLY G	12/15/2020

The “Is This You?” Scam

You receive a direct message from a friend on Facebook Messenger that says something like, “Is this you in this video?” It will contain a link to the alleged video. The link takes you to a page that will install malware on your device or steal your Facebook login credentials. Other social media platforms with direct messaging are subject to these scams, as well.

Red Flags: A direct message that includes a link and a question; statement that makes you curious enough to want to click.

For more information: Visit the [social media scams tip sheet](#) on the AARP Fraud Resource Center.



COVID Scams

Scammers have been using social media sites to sell things like phony COVID-19 treatments or expedited vaccine access. They reach out by social media or other platforms claiming to be a contact tracer warning that you have been exposed to COVID-19. Their goal is to convince you to share sensitive personal information, your social security number, for example) or money.

Red Flags: An offer for hard-to-get products, like a COVID-19 vaccine or personal protective equipment; an electronic message from a “contact tracer” with a link; a request to share sensitive personal information.

For more information: Visit the [coronavirus scams page](#) on the AARP Fraud Resource Center.

Knowledge gives you power over scams. [The AARP Fraud Watch Network](#) equips you with reliable up-to-date insights, and connects you to our free fraud helpline so you can better protect yourself and loved ones. We also advocate at the state, federal, and local levels to enact policy changes that protect consumers and enforce laws.

Get Help

To report a scam or for help if you or a loved one has fallen victim, contact the AARP Fraud Watch Network Helpline.

CALL 877-908-3360

RETURN SERVICE REQUESTED

The Spotlighter

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Alternate country rocker Stephen Pride formed a band and helped kick start the coming insurgent movement of country music. He has a wide range of songs which you will love.

Directions to Dallas Athletic Club—From the North: Take I635 east & exit on La Prada, turning right. Club is one mile on the right. From the South: Take I20 east to I635 north & exit on Oates turning left; go right on Galloway. At La Prada, turn left. Club will be on right.

RESERVATION COUPON

Dallas Athletic Club

September 1, 2021 Social Hour 10-11 am; Lunch 11 am

NAME: _____ SPOUSE/FRIEND _____

TOTAL # RESERVATIONS _____ TELEPHONE # _____

Mail coupon for reservations to Mary Lou Adcock, 709 Monterey, Rockwall, TX 75087. Please notify Mary Lou, email her at mary.lou.adcock@sbcglobal.net or call 214-212-8701, as soon as possible but no later than August 26 if unable to keep your reservations. Our Club has to pay for no-shows (\$20)! Thank you.

Volunteer hours: _____ Partner: _____