



Dallas Life Council
 Mary Lou Adcock
 President, Dallas Life Council
 214-212-8701
 mary.lou.adcock@sbcglobal.net



Spotlighter

March, 2021
 President's Message

Hello Everyone! Can you believe it's already March? February's weather was simply unbelievable with single digit temperatures. But that is behind us and many of you have already taken the COVID-19 vaccine shot(s). There is light at the end of the tunnel!

We are still hoping to have at least one, maybe two, Dallas Athletic Club socials this year. If that happens, it won't be until near the end of the year. We are considering December for sure and possibly September. I have been trying to contact the DAC but they have gone MIA on me. I have not had a response to any of my emails. Most likely they were closed during the ice storm so I am still hopeful to be able to get reservations. The obvious reason for trying to schedule so late in the year is to give the pandemic more time to be eradicated. We will keep you updated either by later Spotlighter issues or the Hotline (214-464-8425). Stay tuned!

Have you noticed that good customer service is almost extinct these days? The following is a good example.

A petite senior citizen handed her bank card to a bank teller and said, "I would like to withdraw \$10.00.

The teller told her, "For withdrawals less than \$100.00 please use the ATM."

The senior wanted to know why ...The teller returned her bank card and irritably told her, "These are the rules. Please leave if there is no other matter. There is a line of customers behind you."

The customer remained silent for a few seconds, then handed the card back to the teller and said, "Please help me withdraw all the money I have."

The teller was astonished when she checked the account balance. She nodded her head, leaned down and respectfully told her, "You have \$300,000 in your account and the bank doesn't have that much cash currently. Could you make an appointment and come again tomorrow?"

The elderly customer then asked how much she could withdraw immediately.

The teller told her any amount up to \$3000.

"Well, please let me have \$3000 now." The teller then handed \$3,000.00 to the customer suddenly being very friendly and respectful to her.

The lady put \$10.00 in her purse and asked the teller to deposit \$2,990.00 back into her account.

The moral of this tale...Don't mess with Seniors... They spent a lifetime learning the skills.



I hope you are keeping warm, dry and safe. Please call or text me at 214-212-8701 if there's anything I can do to help. Take Care! Can't wait to see you again!

Please check out the **Touch Town** article on page 3. Built in 1989 by Pioneers, Touch Town is in need of some repair work and other improvements. We need volunteers to help with this project. If you, and/or family members, friends can help, please contact Judymccallum@verizon.net to volunteer or if you have questions.

Just F.Y.I... By:

Judy McCallum-Lee

judymccallum@verizon.net



Micro aggressions – research suggests that “Generation Z, people now in their teens and early 20’s”, find the use of periods in text messages by older people to be “hostile”.

A big thanks - to those of you who are letting me know about your monthly volunteer hours. And for those of you who might share your volunteer hours, they can be reported to me at any time, and if you volunteer approximately the same amount of hours monthly, quarterly or whatever, you can just tell me once. I just need to know how many and the circumstances. Thanks!

And also, a special thanks - to those of you who sent me Christmas notes to be included in Christmas gift bags for the Tyler St. Senior Center. They were very cheerful and appreciated.

“It’s easier to fool people than to convince them that they have been fooled.” Mark Twain

Apple – became the first U.S. public company to reach \$1 trillion in value and the first to exceed \$2 trillion. *CNBC.com*

\$55 million – cost of a seat to 3 wealthy entrepreneurs on three first fully private mission sending astronauts to the International Space Station for an eight day stay.

Love of reading – several months ago a contractor doing a deep clean of a library in the U.K., put the books back on the shelves in order of size, largest to smallest. Well, they are closed for a while, hoping to get the books resorted and shelved in a timely manner.

Under stress – talking is sometimes the most dangerous thing people can do.

BAG FULL OF DRUGS – printed on a bag full of large quantities of illegal narcotics being transported by 2 men. As they were arrested, the officers warned – our K-9’s can read.

More than 38,000 African elephants – equals about the combined weight of plastic floating in our oceans according to oceanographer Marcus Eriksen and his team of researchers.

“It’s nice to be important, but it’s more important to be nice” Dwayne Johnson



Letters to the Editor

Loretta Cherry, 515 W. Red Bird Lane,
Duncanville, TX, 75116,
lorettacherry76@gmail.com

Check out our WEB site at <http://south-region.attpioneers.org/texaspride/>. You will see this newsletter in color. Plus many articles from other Councils in Texas Pride.

Hello to everyone, just a little donation to offset some of the expenses in the printing and operation of the “Spotlighter”. Say Hello to Judy for me...*Mary Beth Burns* Wishing everyone a better 2021. I am sending a little help for the newsletter. Please don’t discontinue sending me copies. Thanks...*Mary L. Hall*
Hope you are safe and well in this dreadful pandemic. We are doing OK here. I’m enclosing a check for the “Spotlighter”-keep it coming!...*Susan Stephens Ryder* This is to help out on expenses...*Robert Justin*
Thank you and others for the time and hard work put into producing the “Spotlighter”. I enjoy it so much...*Joe Youngblood* Keep up the great spirit of Pioneering!...*John Buhl* Thanks to all...*Minnie Lou Smith* Thanks for all you do. Sorry we didn’t get to celebrate Christmas at DAC. Will see you all later. Be safe and thanks again...*Mona Frame* Thanks for all your hard work getting the news to us. So sorry to see we lost so many members this year. Here are a few dollars to help out. Thanks...*Carol Clement*
I do enjoy the “Spotlighter”. I know it’s a lot of work for a few but it’s enjoyed by many...*Mike Kautzsch*
Thank you so much...*Peggy Tipping* My wife, Sara Wicks, retired from the Company several years ago. She passed away in 2017. This year a copy of the newsletter was mailed and I enjoyed reading it. I enclose a small contribution. I wish you well in your endeavors. Now you should remove her name from your mailing list...*Jerry Wicks* (Last issue Jerry.) Got scammed; be careful...*Mary Turner* Bob and I always enjoyed the “Spotlighter”. I would appreciate continuing to receive...*Dawn Crenshaw* Also heard from *Byron Bell, Johnnie Hackney and Louise Heder*

EDITOR: I cannot thank you enough for your wonderful response with donations to keep the “Spotlighter” viable. With a little more help, we will be able to continue with 4 copies a year. Blessings to all for 2021.

Loretta

Touch Town. Some of you may have volunteered to help build Touch Town, part of the Dallas Day School's outdoor playground, created in 1989 by Dallas SWBT Pioneers, and located at 4242 Office Parkway, Dallas 75204. Touch Town was built to teach orientation mobility to visually impaired children and had replicas of Dallas businesses scaled to fit the size of a young child under the age of 6. Touch Town hasn't been updated for 31 years and needs a new look and feel for 2021. Improvements will also include accommodations for children on the autism spectrum and children with hearing impairments. Pioneers have been asked to help, and we plan to do so. The project will hopefully get underway in March. The work will be done on Saturdays for however long it takes, with the goal to complete by mid-summer or before. Student/parents will also be helping. Volunteers will do whatever tasks they feel comfortable with. Some of the chores would include replacing damaged shingles, replacing rotten wood frames, replacing floor laminate, repainting images on the sidewalk, street lines, playground fence, fixtures on poles and inside and outside of all 4 buildings, removing pay telephone, etc. Touch Town also needs a shade structure and decking. The project is completely outdoors, and social distancing and mask wearing will be accommodated. Updating this incredible playground will impact hundreds of children in the near future, thousands over the next ten years and help build their self confidence in navigating their world. We need volunteers. To volunteer or ask questions email Judy McCallum at judymccallum@verizon.net or call Judy at 214-543-4749.



Your Chapter Officers a few years ago. Can you believe that you actually followed their advice. You are brave Pioneers.

UPCOMING LUNCHEONS

Dallas Athletic Club

Please note that we have no luncheons scheduled at this time due to COVID19. Call the Hotline for current information.

Please make reservation for all luncheons by calling Mary Lou Adcock, 214-212-8701 or email her at mary.lou.adcock@sbcglobal.net



Conserving Our Environment Reducing Home Energy Consumption

To reduce energy consumption in your home, you do not necessarily need to go out and purchase energy efficient products. Energy conservation can be as simple as turning off lights or appliances when you do not need them. You can also use energy-intensive appliances less by performing household tasks manually, such as hang-drying your clothes instead of putting them in the dryer, or washing dishes by hand. The behavior adjustments that have the highest potential for utility savings are turning down the heat on your thermostat in the winter and using your air conditioner less in the summer. Heating and cooling costs constitute nearly half of an average home's utility bills, so these reductions in the intensity and frequency of heating and cooling offer the greatest savings. There are tools you can use to figure out where most of your electricity is going in your home and which appliances are using the most electricity on a day-to-day basis.

Traditional incandescent light bulbs consume an excessive amount of electricity and must be replaced more often than their energy efficient alternatives. Halogen incandescent bulbs, compact fluorescent lights (CFLs), and light-emitting diode bulbs (LEDs) use anywhere from 25-80 percent less electricity and last 3 to 25 times longer than traditional bulbs. Although energy efficient bulbs are more expensive off the shelf, their efficient energy use and longer lifetimes mean that they cost less in the long run.

Energy conservation is important and beneficial for many reasons. You can save money, increase your property value, and protect the environment all through simple energy-saving measures. These are great benefits you can gain from saving energy no matter your exact motivation for conservation in the first place. By simply taking a small step towards living a more energy-conscious lifestyle, you can begin to enjoy all of the perks of being energy efficient.

“You really shouldn't say 'I love you' unless you mean it. But if you mean it, you should say it a lot. People forget.”

2021 EXECUTIVE BOARD

Pres.	Mary Lou Adcock	214-212-8701
1st VP	Bob Carroll	214-577-7213
2nd VP	Warren Bassham	972-824-7266
Past Pres.	Judy McCallum-Lee	214-543-4749
Sec.	Bob Carroll	214-577-7213
Treasurer	Loretta Cherry	214-803-9650

Other Executive Board Members

<u>Hotline:</u>	Mary Lou Adcock	214-212-8701
DAC Entertainment:	Rojean Cull	214-327-8808
Education:	Charlie Sorrels	972-530-1492
<u>Special Projects:</u>	Gail Ford	972-564-5317
	Jeanene Clark	817-267-8239
	LuAnn Eakin	469-672-1118
	Pam Myers	214-803-942
	Annie Wartsbaugh	469-658-5799
	David Noblet	214-236-3404
	Whitney Wolf	214-738-997

CHANGE OF ADDRESS OR DEATHS

Call **1-800-416-2363** to report address changes or deaths to the Benefit Group.

Call the Pioneer Hotline at **214-464-8425** to report the death of a Pioneer.

Call **972-741-6962** to report address changes for the **Spotlighter**.

Important Telephone Numbers

Hotline	214-464-8425
AT&T Connect	1-877-722-0020
Pensions & Savings	1-800-416-2363
Long Term Care	1-800-247-3020
Life Insurance	1-877-722-0020
Care Plus	1-877-261-3340
Retiree Discount Information/Contacts:	
Eligibility:	1-888-251-0645
Wireline Voice & U-verse	1-877-377-9010
Wireless	1-800-331-0500
Benefit	1-877-722-0020
Affinity Partners	Go to www.attpioneers.org , scroll down & click on Pioneer Affinity Partners

When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore.. So my grandfather does it for her all the time, even when his hands got arthritis too. That's love.'



Just for Grins



I thought you would want to know about this virus.

The NILE Virus (Type C)

Even the most advanced computer programs from Norton, McAfee, and others cannot take care of this one.

It appears to target those who were born prior to 1948.

The lockdown seems to be increasing the chances of being affected!

Virus Symptoms

1. Causes you to send the same e-mail twice. (Done that)
2. Causes you to send a blank e-mail. (That too)
3. Causes you to send an e-mail to the wrong person. (Yup)
4. Causes you to send it back to the person who sent it to you. (Ah-ha)
5. Causes you to forget to attach the attachment. (Done that)
6. Causes you to hit SEND before you've finished. (Oh no, not again)
7. Causes you to hit DELETE instead of SEND. (Hate that)
8. Causes you to hit SEND when you should DELETE. (Heck, now what?)

This virus is called the C-NILE virus!

A lot of us have already been inflicted with this deadly disease and unfortunately as we age it gets worse.

And if you can't admit to doing any of the above, you've obviously caught the other strain - the D-NILE virus!

Upon seeing the man cry who recently lost his wife , the little boy climbed onto his lap , and just sat there.

When his Mother asked what he had said to the neighbor, the little boy said , 'Nothing , I just helped him cry'.

I know I got a lot of exercise the last few years (just getting over the hill).



I've sure gotten old. I've had two bypass surgeries, a hip replacement, new knees. I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded, and subject to blackouts. Have bouts with dementia. Have poor circulation; hardly feel my hands and feet anymore. Can't remember if I'm 82 or 92. Have lost all my friends. But, thank God, I still have my driver's license.

This increase in the life span and in the number of our senior citizens presents this Nation with increased opportunities: the opportunity to draw upon their skill and sagacity and the opportunity to provide the respect and recognition they have earned. It is not enough for a great nation merely to have added new years to life our objective must also be to add new life to those years.

-John Fitzgerald Kennedy

In Loving Memory

BOREN,FRANCES L	1/1/2021
BROWN,MICHAEL W	12/13/2020
CASEY,CHARLES J	8/14/2020
CASTILLA,KATHLEEN S	11/10/2020
CLEVELAND, RENEE	11/14/2020
COOPER,CHAD	10/19/2020
COPELAND,MARY A	10/24/2020
COX,ALICE W	1/4/2021
CRENSHA,ROBERT J (BOB)	12/26/2020
DAVIS,A B	11/16/2020
DENNIS, ANNA SUE TALLEY	11/16/2020
DOBBS,JACK E	10/8/2020
DOSIER,SHIRLEY A	11/26/2020
DURAN,GLADYS C	9/30/2020
FERRELL,DORIS M	1/4/2021
FORD,L D	12/20/2020
GIBSON,WILLIAM W	12/31/2020
GOMEZ,GUADALUPE	1/6/2021
GUNN,DOROTHY J	1/9/2021
HARGROVE,DIANA S	3/17/2020
HARRISON, LIBBY RUTH	11/25/2020
HUBBARD,GRETA N	1/19/2021
HULME, HAROLD CLINTON	11/18/2020
INGLEY,W B	10/21/2020
JACKSON, BAYNE (B.A.)	11/16/2020
JACKSON,BAYNE A	11/16/2020
JOHNSON,COLIS R	9/23/2020
JOHNSON,WILLIAM S	1/18/2021

In Loving Memory (cont'd)

JORDON,YERLINE	1/24/2021
JULIAN,ALLEEN	9/20/2020
KEMP,MARILYN E	11/29/2020
LANCE,LOYD R	10/31/2020
MCCLANAHAN,LARRY D	12/29/2020
MCDONALD,RICHARD	1/8/2021
MCGEE,CELESTE A	3/15/2020
MILLER,BILLIE J	9/21/2020
MOORE,LECIL A	11/24/2020
MOREL,CAROL F	1/9/2021
MORRIS,PENNY	11/11/2020
NICHOLS,RICHARD S	12/25/2020
PARHAM,DENNIS R	12/28/2020
PARKS,SUSAN	9/19/2020
PELL, RAY LAYNE	11/16/2020
RICH,DONALD W	1/11/2021
ROGERS, DAVID E.	11/12/2020
ROSS,MARY L	10/16/2020
TERRY,MARIE	12/8/2020
THORMAN,JAMES	12/29/2020
TRAN,PHUONG T	7/8/2020
VRLA,MARIE	10/1/2020
WAKE-STEVENS,DIONNE M	8/30/2020
WISE, KENNETH Rae	11/1/2020

Prayer List

Kitty Kemp Jo Crain Steve Eakin

More than 520 words added to dictionary

Merriam-Webster, the United States' leading language provider, announced it was adding over 520 new words and definitions to the publisher's website. These new words include "COVID-19," "second gentleman," "long-hauler," "flex," and "ASMR". Before the pandemic, "long-hauler" was defined as a person or vehicle that travels long distances; but now includes: "a person who experiences one or more long-term effects following initial improvement or recovery from a serious illness (such as COVID-19)."

"ASMR," or autonomous sensory meridian response, means "a pleasant tingling sensation that originates on the back of the scalp and often spreads to the neck and upper spine, occurring in some people in response to a stimulus (such as a particular kind of sound or movement), and that tends to have a calming effect."

"Second gentleman" has come into use because of Vice President Kamala Harris' husband, Doug Emhoff. Merriam-Webster defines it as "the husband or male partner of a vice president or second in command of a country or jurisdiction."

"Flex" meaning to bend; now informally, is defined to mean "to talk in a boastful or aggressive way."

In order for a word to be considered for entry in our dictionaries, there has to be evidence that shows it is really an established member of the language in wide use over a long period of time – media, texts, Facebook, tv, etc.



LuAnn Eakin, Resident of the Month at Midtowne Assisted Living Center I was born and lived in Dallas all my life until my husband, Joe, and I moved to Garland in 1979. I worked for SWB then AT&T from 1962 to 2003 -- 41 and 1/2 years. I was a Team Leader over 9 Area Managers plus 3 Managers and 2 non-management employees. I am a kidney transplant recipient. Unfortunately we had no children—just 4 dogs over the 48 years. I moved to Midtowne for a brief time in 2016. I joyously returned to Midtowne in May 2018 where a plethora of friends awaited me again. Everyone here has been a hardworking individual and doesn't expect anything but fair treatment and respect. Since returning I have led exercise classes and called Bingo. I enjoy being a Resident Advisor and hosting the monthly Resident & Food Council Meetings. I think we have gotten many things accomplished through this forum. I feel valuable when I can help people and it keeps me busy. My last project was signing everyone up for a Ballot by Mail for the November election. This included voter registration paperwork. I am also part of the card/prayer ministry for the FUMC of Midlothian and handle special projects for the Dallas Life Council..

The End of an Era: Talking Book Repair Shop closed 12-31-2020

Telephone Pioneers around the country began to repair "Talking Book" machines for the visually, physical, or reading disabled in collaboration with the National Library of Congress in 1960. And for many years since, our Dallas Life Pioneers have worked quietly behind closed doors, sharing their time and expertise, to the benefit of so many. And now with technological advances including more digital devices which are much easier to repair, the need for our experienced technicians has declined and we have closed shop.

Unfortunately, we do not have a list of all of our past volunteers, but those that come to mind include Bill Ford, John Kiowski, Skip Batt, Jim McCann, and Joe McAnally. And our most recent volunteers, B. J. Hood, Roger Horn, Charlie Hensel, Chuck Hayes and Nate McNeal. THANKS! We truly appreciate and honor our Talking Book Repair volunteers.

The future: Pioneer Talking Book experience is still sought and valued

Chuck Hayes is now serving with the **Reading Technology Advisory Group (RTAG)** representing hardware repair volunteers and others to advise and inform the National Library Service (NLS) as they consider the next generation of technology for the visually impaired beyond Talking Books.

She was only a whiskey maker, but he loved her still. A rubber band pistol was confiscated from algebra class, because it was a weapon of math disruption. A hole has been found in the nudist camp wall. The police are looking into it. Two hats were hanging on a hat rack in the hallway. One hat said to the other: You stay here; I'll go on a head.

FAYE'S FAITH CORNER



By: Faye Spencer
972-240-7836, 5324 Pensacola Dr., Garland, TX 75043, faithfulfaye@gmail.com



Under 40 (you won't understand)
You could hardly see for all the snow, Spread the rabbit ears far as they go. Pull a chair up to the TV set, "Good night, David; Good night, Chet". Depending on the channel you tuned, You got Rob and Laura - or Ward and June. It felt so good, felt so right. Life looked better in black and white. I Love Lucy, The Real McCoy's, Dennis the Menace, the Cleaver boys, Rawhide, Gunsmoke, Wagon Train, Superman, Jimmy & Lois Lane. Father Knows Best, Patty Duke, Rin Tin Tin and Lassie too, Donna Reed on Thursday night--Life looked better in black and white. I wanna go back to black and white. Everything always turned out right. Simple people, simple lives. Good guys always won the fight. Now nothing is the way it seems. In living color on the TV screen. Too many murders, too much fight, I wanna go back to black and white. In God they trusted, in bed they slept. A promise made was a promise kept. They never cussed or broke their vows. They'd never make the network now. But if I could, I'd rather be alive. In a TV town in '55. It felt so good, it felt so right. Life looked better in black and white. I'd trade all the channels on the satellite. If I could just turn back the clock tonight. To when everybody knew wrong from right. Life was better in black and white.

Love Faye



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The Spotlighter

Loretta Cherry, Editor

515 W. Red Bird Lane Duncanville, TX 75116

972-741-6962

lorettacherry76@gmail.com

Please Note: We do not have luncheons scheduled for 2021 yet. Check the Hotline for current information.

Directions to Dallas Athletic Club—From the North: Take I635 east & exit on La Prada, turning right. Club is one mile on the right. From the South: Take I20 east to I635 north & exit on Oates turning left; go right on Galloway. At La Prada, turn left. Club will be on right.

RESERVATION COUPON

Dallas Athletic Club

Social Hour 10-11 am; Lunch 11 am

NAME: _____ SPOUSE/FRIEND _____

TOTAL # RESERVATIONS _____ TELEPHONE # _____

Mail coupon for reservations to Mary Lou Adcock, 709 Monterey, Rockwall, TX 75087. Please notify Mary Lou, email her at mary.lou.adcock@sbcglobal.net or call 214-212-8701, as soon as possible but no later than if unable to keep your reservations. Our Club has to pay for no-shows (\$20)! Thank you.

Volunteer hours: _____ Partner: _____